



GROUND'S GRANOLA \$10.50

House-made toasted muesli with Clearwater organic full-cream yoghurt and berries

TOASTED BAGEL WITH SPREAD \$6.50

Choose 2 of our house-made spreads. Please ask for flavours,
or with butter and Peninsula Preserves Chocolate and Raspberry Jam

THE BREAKFAST BUN- have here or takeaway \$11.50

Either way it's great! A toasted bun with semi-dried tomato, fried egg, bacon, smoked brie and a smear
of Ground's Red Harissa.

TOASTED JAMAICAN BANANA LIME BREAD \$16.50

Thick wedges of Banana Bread with Grilled Bananas, Maple Syrup & Cream

(gluten free)

EGGS ANY STYLE \$8.50

Toasted Vic's bread with either poached, scrambled or fried eggs, with Rosemary Pesto Cream Cheese
Add an extra from the choices below \$3.50

MUSHROOMS ON TOAST \$14

Wholegrain toast with pan-fried garlic mushrooms, grilled tomato and sprinkled with Pounamu
Dukkah

(vegan)

EGGS BENEDICT \$16.50

Poached eggs on Vic's bread with hollandaise sauce and your choice of bacon or house smoked salmon
or Eggs Florentine with spinach

DECADENT OMELETTES \$14.50

Made with 2 eggs and your choice of: house-made Salmon gravlax with smoked brie, Serrano ham with
mature Gouda. Other combinations available on request.

(Or the healthier choice of egg-white only!!)

(gluten free)

EXTRAS \$3.50

Murrellen free range bacon

Char-grilled vegetables

Mushrooms

Free range Eggs

Grilled fresh Tomatoes

Murrellen free range Pork Sausage

Blackball Black Pudding

CHECK OUT THE SANDWICH BOARD FOR FRESHLY MADE SANDWICHES TO ORDER





THE BIG FREE-RANGER \$18

Turkish style eggs (2 free-range eggs cooked with garlic, sumac and mint), with free range sausages, free range bacon and black pudding with toast & relish

(dairy free)

THE LIGHT ITALIAN \$11

Toasted garlic-brushed Bruschetta with fresh tomato, herbs, bocconcini and drizzled with lemon oil

QUESADILLA \$14.50

Corn tortillas toasted with jalapenos, coriander, smoked cheese and your choice of either chicken or semi-dried tomato, served with pebré & guacamole

(gluten free)

SALMON GRAVLAX \$12

With goat's cheese and toasted bagel or pretzel with our own special house-made Gravlax – cured with dill and juniper (80g)

GROUND'S PERFECT PIE \$10

Served with today's salad, choose from today's pies off the board

SOUP AND BREAD \$10

Choose from today's freshly made soup served with vic's bread

AMIGO'S BREAKFAST \$16.50

Chipotle refried beans topped with garlic fried eggs, fresh pebré (tomato and coriander salsa) and guacamole with organic corn chips

(gluten free) (dairy free) (vegetarian)

KING PRAWN SALAD \$18

6 large whole prawns quick fried with lemon and Ground's Chermoula served on a bed of salad greens with green olives, char-grilled capsicum and tomato

ANTIPASTO PLATTER

A range of goodies from our deli served with vic's bread.

Please specify vegetarian, dairy free etc

- For One \$20
- Additional people \$10 pp

CHEF'S INSPIRATION \$poa

TODAY'S SPECIAL DISH MADE WITH LOCAL INGREDIENTS ACCORDING TO OUR CHEF'S WHIM

Check the special's board

Ask us about our cooking classes, wine club and catering services