



**TOAST AND JAM \$5**

Thick wedges of Vic's wholegrain toast with Peninsula Preserves Chocolate & Raspberry Jam

**GROUND'S GRANOLA \$10**

House-made toasted muesli with Clearwater organic full-cream yoghurt and berries

**TOASTED BAGEL WITH SPREAD \$6.50**

Choose 2 of our house-made spreads. Please ask for flavours

**THE BREAKFAST BUN- have here or takeaway \$10.50**

Either way it's great! A toasted bun with semi-dried tomato, fried egg, bacon, smoked brie and a smear of Ground's Red Harissa.

**BLUEBERRY & ALMOND PANCAKES \$16.50**

Gluten-free pancakes served with orange & cardamom syrup, berries & organic yoghurt

*(gluten free)*

**MUSHROOMS ON TOAST \$14**

Wholegrain toast with pan-fried garlic mushrooms, grilled tomato and sprinkled with Pounamu Dukkah  
*(vegan)*

**EGGS ANY STYLE \$8.50**

Toasted Vic's bread with either poached, scrambled or fried eggs, with Ground's Rosemary Pesto  
Add an extra from the choices below \$3.00

**EGGS BENEDICT \$16**

Poached eggs on Vic's bread with hollandaise sauce and your choice of bacon or house smoked salmon  
or Eggs Florentine with spinach

**DECADENT OMELETTES \$14.50**

Made with 2 eggs and your choice of: house-made Salmon gravlax with smoked brie, Serrano ham with  
mature Gouda, or Basil pesto, tomato and kefalograviria. Other combinations available on request.

**(Or the healthier choice of egg-white only!!)**

*(gluten free)*

**EXTRAS \$3.00**

- Murellen free range bacon
- Kumara and polenta cakes
- Char-grilled vegetables
- Mushrooms
- Free range Eggs
- Grilled fresh Tomatoes
- Murellen free range Pork Sausage
- Blackball Black Pudding

**CHECK OUT THE SANDWICH BOARD FOR FRESHLY MADE SANDWICHES TO ORDER**

We use only free-range eggs and pork and endeavour to use organic products whenever possible.  
We can substitute gluten-free bread into any dish





### **THE TURKISH BIG BREAKFAST \$18**

Turkish style eggs (2 eggs cooked with garlic, sumac and mint), with free range sausages, free range bacon and black pudding with toast

*(dairy free)*

### **THE MEDITERRANEAN BREAKFAST \$17.50**

Kumara and polenta cake with wilted spinach, poached eggs, mushroom, charred capsicum, semi-dried tomato, artichoke and Ground's Tournon

*(gluten free) (dairy free)*

### **QUESADILLA \$14.50**

Corn tortillas toasted with jalapenos, coriander, smoked cheese and your choice of either chicken or semi-dried tomato, served with pebré & guacamole

*(gluten free)*

### **SALMON GRAVLAX \$12**

With goat's cheese and toasted bagel or pretzel with our own special house-made Gravlax – cured with dill and juniper (80g)

### **SEAFOOD CHOWDER \$14.50**

Thick chowder with mussels, fish, prawns and house-smoked salmon

*(gluten free)*

### **GROUND'S PERFECT PIE \$9.50**

Served with today's salad, choose from today's pies off the board

### **SOUP AND BREAD \$9.50**

Choose from today's freshly made soup served with Vic's bread

### **AMIGO'S BREAKFAST \$16.50**

Chipotle refried beans topped with poached eggs, fresh pebré (tomato and coriander Salsa) and guacamole

*(gluten free) (dairy free) (vegetarian)*

### **KING PRAWN SALAD \$18**

6 large whole prawns quick fried with lemon and Ground's Chermoula served on a bed of salad greens with green olives, char-grilled capsicum and tomato

### **ANTIPASTO PLATTER**

A range of goodies from our deli served with Vic's bread.

Please specify vegetarian, dairy free etc

- For One **\$20**
- Additional people **\$10 pp**

### **BREADS AND SPREADS \$14 pp**

a range of breads with house-made spreads, pate and dips

### **CHEESE BOARD**

A range of cheeses from our deli served with Membrillo and crackers

150 gram selection **\$18**

150 gram deluxe selection **\$28**

